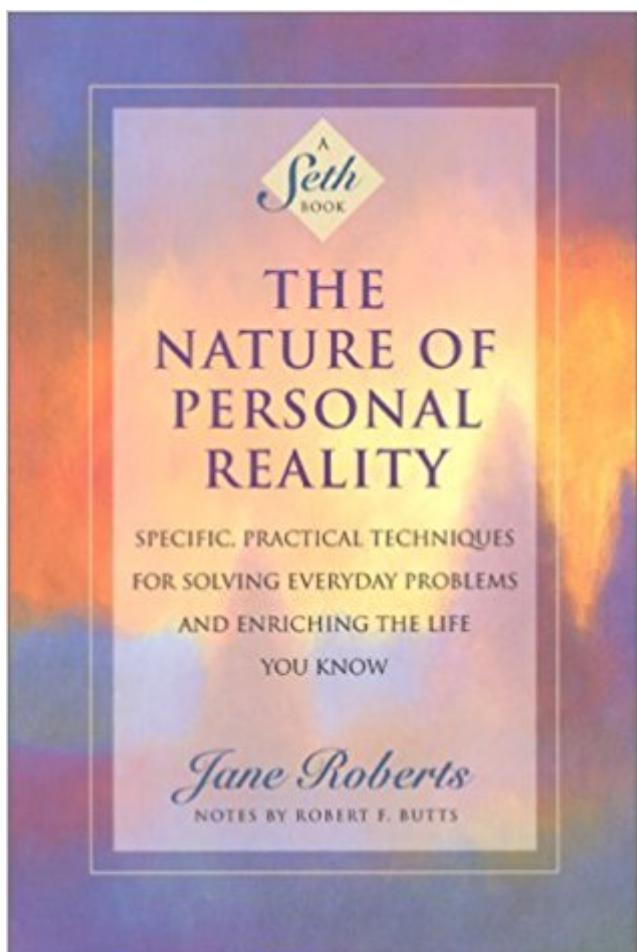


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# The Nature Of Personal Reality: Specific, Practical Techniques For Solving Everyday Problems And Enriching The Life You Know (Jane Roberts)



## Synopsis

In this perennial bestseller, Seth challenges our assumptions about the nature of reality. He explains how the conscious mind directs unconscious activity and has at its command all the powers of the inner self. Included are excellent exercises for applying these theories to any life situation.

## Book Information

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## Customer Reviews

This is one of my most favorite books. I keep finding myself going back to it for its practical wisdom... and have read it repeatedly. I have actually had three copies of it and I have gifted them to those I truly love... through the years. There is so much valuable information that you can apply to your life... which will make an astounding difference in whatever direction you are headed in your journey. As a man thinketh... so shall it be. Become a creator of circumstance rather than a victim of it. This book is a powerful tool to use in the construction of a meaningful and joyous existence.

If you want to know the origins of the law of attraction and understand the mechanics of consciously creating reality, this is the book to read. The Seth material in general, and this book in particular, has inspired countless modern-day, new thought gurus, including Deepak Chopra, Marianne Williamson, Louis Hay, Shakti Gawain, and Richard Bach, just to name a few. I read it back in 1981 and am rereading it, understanding a lot more now than I did then. It's one of those books you read multiple times, discovering new gems and insights with each reading. Best of all, it is filled with

practical advice and exercises to help you implement the concepts discussed. Highly, highly recommended.

This is the book that changed my life when it was given to me as a gift many decades before there was a Kindle edition. If there were 10 stars, I would give it a 10. I now enjoy listening to it being read to me on my Kindle Fire HDX. This book taught me that I create my own reality. It includes simple exercises to help understand the concept. I continued to read every channeled Seth book ever written by Jane Roberts and enjoyed the informative notes at the end of the chapters which were written by her husband, Robert Butts. This has remained my favorite book for the last 35 years. Many other books are now available to teach reality creation. I have discovered that a lot of the authors credit the Seth books for opening their minds to what the nature of our reality really is. Eventually I plan to purchase all the Seth books available for the Kindle Fire HDX.

Amazing, life-altering book. All of the Seth books are, truly. Anyone who is interested in becoming self-reliant, intuitive and open-minded would love this and any other Seth book. In this book, Seth delves especially into the ways that we form our own experiences with our thoughts, beliefs, and emotions, such that we all have the ability to change our future experiences by ourselves. Seth is one of the universe's greatest gifts to us if we are so lucky as to encounter his works.

Not an easy read because I kept highlighting and marking the important information. This is a book that I will read and reread many times in my life. It's a study of life and its values. Jane Roberts and Seth try to explain that we do, in fact, direct our lives through each and every decision we make. I would recommend this book to anyone who is seriously searching for an explanation of what this life is all about. Jo P. Baragona Raleigh, NC USA

This is quite simply the best book I have ever read. It has helped me create a better reality for myself and those around me, and generate considerable wealth. It is not a quick fix - for me it has been a 10 year journey so far that will never end. I recommend it to those who I think will connect with it. It is not for everyone. It is simple, but not necessarily easy. I am eternally grateful to Seth, Jane and Rob for their epic work. Mike

this book is another in my collection of the series that continues to expand the awareness of our concept of reality. his/her presentation of esoteric knowledge is both exciting and informative and i

highly recommend this book to anyone seeking to understand how we create that which we experience. many masters and spiritual teachers have shared similar information , so for some it may seem repetitive. however , i find that the way that these teachings are expressed is unique! this book is a valuable tool and his explanations are both clear, concise and powerful. a must read!!!

This fantastical magical knowledge has move me forward as a person. I now understand things, deeply, that I thought I would never understand at all. I intend to use this book as a reference book and I will be reading it many times. I am now a new personality....or perhaps an Expanded One. Anyone that has a lot of questions will be satisfied with the answers that they receive from the Seth material. I am. This is just the beginning of a wonderful delicious journey of exploration within. I thank everyone who is associated with the production of this book. I highly recommend!

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